

# RESTORE

Catholic Women's Retreat

## Packing List

We are relaxing this weekend! Whatever that means for you—do it. It will be warm outside, and we want to be comfy!

- Comfortable clothes – 4 outfits total
  - Friday night
  - Saturday before & after free time (2)
    - We will now have vigil mass on Saturday night after dinner!
  - Sunday morning
- Undergarments
- PJs
  - Linens are provided, but bring whatever helps you sleep well at night
- Bathroom toiletries
  - Shampoo, conditioner, soap, deodorant, toothbrush, etc.
  - Towel is provided but you are welcome to bring your own.
- Sweater
  - In case you get cold inside or with the AC at night
- Optional:
  - Light workout clothes and/or bathing suit
    - Jacuzzi and pool will be available
    - Optional Zumba workout class
- Medicine if needed
- Optional Snack to share
- Tennis shoes / closed-toe shoes
- Refillable water bottle
- Bible, optional journal, and/or rosary